

	Required Hours	Online Limit?	Restrictions	Approval Requirements	Volunteer?	How to Submit	Deadlines
Spectacle Dispenser	6 (4 S, 2 CL) *SCD only on 1 st renewal	No	Up to 1 management hour	ABO or Board approval		Attach to renewal app or send to Board	Courses must be taken on or before 12/31
Spectacle Contact Dispenser	12 (4 S, 8 CL)	No	Up to 3 management hours	ABO, NCLE or Board approval		Attach to renewal app or send to Board	Courses must be taken on or before 12/31
Contact Lens Dispenser	8 (8 CL)	No	Up to 2 management hours	ABO, NCLE or Board approval		Attach to renewal app or send to Board	Courses must be taken on or before 12/31
Ocularist	4	No	Up to 1 management hour 1 hr must be in communicable diseases	Board approval		Attach to renewal app or send to Board	Courses must be taken on or before 12/31
Optometrist	25	10 hours online or written (webinars count as online, not live)	At least 10 hrs in pharm CPR= 3 pharm Max 8 hours of grand rounds/ surgical observation PM/juris/ethics max of 2 hours Max 2 hrs practice mgmt	COPE, OOA, AOA, board approval, other state boards, AMA -visual system related, VPB director approved, accredited opt colleges.	Max 8 for indigent/uninsured VOSH 5 hours.	Submit service request or contact board to indicate hours are complete	Coursework window is 10/1-9/30